

# PRESCRIPTION: RespiMat Inhaler

Patient Name: \_\_\_\_\_  
Dosage (number of puffs): \_\_\_\_\_ Number of times each day: \_\_\_\_\_

## FIRST TIME USE - PREPARE



1 Wash hands with soap and water



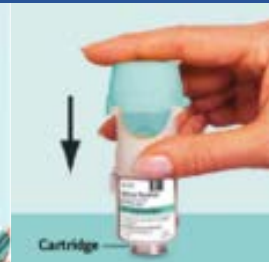
2 Press down on safety catch  
Firmly pull off clear base



3 Write DISCARD BY date on label  
3 months from date cartridge is inserted



4 Insert narrow end of cartridge into inhaler  
Pressing down on a firm surface  
1/8 inch remains visible  
Do not remove cartridge once inserted



5 Click clear base back into place  
Do not remove clear base again

## FIRST TIME USE - PRIME



1 Wash hands with soap and water  
**IMPORTANT:** Follow these steps to ensure the dosing system is filled for first time use. PRIMING is necessary to make sure the correct amount of medicine is delivered.



2 Hold inhaler upright with cap closed  
TURN clear base in direction of arrows on the label until it CLICKS



3 Open the cap



4 Point inhaler to the ground  
Press dose release button  
Close the cap

REPEAT steps 2, 3, and 4 until a cloud of mist is visible.  
Then repeat steps 2, 3, and 4 **THREE (3) MORE TIMES** to ensure inhaler is prepared for use

## DAILY USE



1 Wash hands with soap and water



2 **TURN**  
Keep cap closed  
Turn clear base in direction of the arrow on label until it clicks



3 **OPEN** cap until it snaps fully open  
Sit or stand up straight  
Take a deep breath in  
Breathe out SLOWLY and COMPLETELY



4 **PRESS**  
Bring inhaler to mouth  
Point to back of throat  
Close lips tightly around mouthpiece  
Do not cover air vents  
Inhale slowly WHILE PRESSING dose button  
Breathe in SLOWLY AND DEEPLY for 3 to 5 seconds

Remove inhaler from mouth  
Hold breath for 10 seconds  
Breathe out slowly  
Repeat steps 2-4 for each inhalation  
Wait at least 60 seconds between inhalations  
These steps should be performed 2 TIMES to receive the proper dose of medicine.  
Close cap and store in a safe, cool, and dry place

**Important:** If more than one canister is opened at the same time, pay attention to the expiration date to avoid dangers of bacteria growth and resulting infection.

Read package inserts.

For additional information visit the 2021 VA/DoD Clinical Practice Guideline for Management of COPD <https://www.healthquality.va.gov/guidelines/cd/copd>