


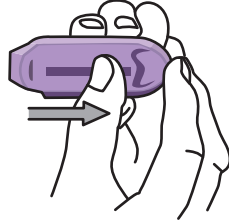

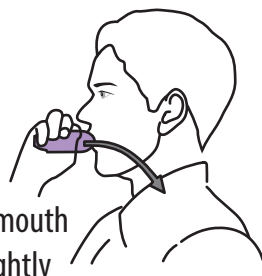



PRESCRIPTION _____

Dry Powder Inhaler (DPI)

Patient Name: _____

Dosage (number of puffs): _____

Number of times each day: _____

<p>1</p>  <p>Wash hands with soap and water</p>	<p>2</p>  <ul style="list-style-type: none">Open, load, and hold the inhalerFollow manufacturer's directions	<p>3</p>  <ul style="list-style-type: none">Sit or stand up straightTake a deep breath inBreathe out completely away from the inhaler	<p>4</p>  <ul style="list-style-type: none">Bring the inhaler to mouthSeal lips tightly around mouthpieceBreathe in QUICKLY AND DEEPLY through the inhaler for about 3 to 5 seconds
<p>5</p>  <ul style="list-style-type: none">Remove inhaler from mouthHold breath for 10 seconds with mouth closed	<p>6</p>  <p>Breathe out SLOWLY away from the inhaler</p>	<p>7</p> <ul style="list-style-type: none">Repeat steps 2-6 for each inhalationWait at least 60 seconds between puffs	<p>8</p>  <ul style="list-style-type: none">Close the inhalerStore in a cool, dry and safe place

IMPORTANT

- Wash hands
- Check expiration date and the counter of the inhaler, if there is one
- Do not wash with soap and water; to clean, wipe mouthpiece with a dry cloth at least once a week or as needed
- Always rinse mouth with water, swishing and gargling, and spit out after using inhaled **STEROIDS**; do not swallow
- Read package inserts.

For additional information on COPD, visit the 2021 VA/DoD Clinical Practice Guideline for Management of Chronic Obstructive Pulmonary Disease at <https://www.healthquality.va.gov/guidelines/cd/copd>

